

Ultimate Weight-Loss Challenge Itinerary

March 9th 6:00 am - 9:00 pm

March 10th 6:00 am - 9:00 pm

First Weigh-ins -- Record your starting weight and receive your clock-in card

March 13th 5:00 pm - 8:00 pm @ Dixie Convention Center

Challenge Kick-Off PARTY-- Come get motivated to start your fitness journey! Also receive your starting packet and sign up for special Weight-loss challenge events. **Important Speakers at 6:00pm!**

March 24th 10:45 am -- SPECIAL CLASS

Sampler Class -- Come see what Summit Fitness Instructors have to offer. Ask questions, get help on correct form, and learn what may interest you when it comes to classes.

March 21st 6:00 am - 9:00 pm

Progress Weigh-in

March 28th 6:00 am - 9:00 pm

Progress Weigh-in

April 3rd 5:40 pm

“Success is a choice” -- It's always easy at the beginning when you are motivated, but after the initial motivation goes away or that plateau happens, what then? We truly want you to succeed, come learn on how to best plan for success to get hit your personal fitness goals and create a lifestyle that works for you and your family. *This is not a workout, we encourage you to come with a notebook and pen.

April 4th 6:00 am - 9:00 pm

Progress Weigh-in

April 7th 10:45 am -- SPECIAL CLASS

Final Push Workout -- Come join the trainer's in the main gym to get that last great workout in before you weigh in. Designed to help you see great results for that weigh in, be ready to work and have some fun.

April 11th 6:00 am - 9:00 pm

FINAL WEIGH IN! -- You must make this weigh-in to be eligible for prizes!

April 13th 6:00pm -- Finale -- Winners announced and prizes given out.