

Summit Training Center

Effective Monday, August 6, 2018



Summit Zone						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am	TOTAL Megan D	TREAD Rachel	TOTAL Sheri	ROW Elizabeth	TOTAL Jamie	
8:00am						ROW STC Team
9:00am	TOTAL Sheri	TREAD Kristen T	ROW Amber G	TREAD Amber G	TOTAL Kristen T	TREAD STC Team
10:00am	ROW Jill	TOTAL Reagan	TREAD Amber G	TOTAL Amber G	TREAD Jamie	TOTAL STC Team
6:00pm	TREAD Megan D	TOTAL Amber P	ROW Sheri	TOTAL Elizabeth		

To Register for Summit Zone Training:

www.summitzonetraining.com

(435) 261-8000